

Report to the Community



A Message from the Executive Director

Jay Meyer

The 2022 OMNI Annual Report both summarizes the results of the past year, as well as highlighting some of the milestones during OMNI's 50 year history. **But at a much broader level**, it ultimately reflects the vision and ambitions established by the founders 50 years ago as to what OMNI could become.

This past year I was fortunate to have had an opportunity to reconnect with some of those founders, as-well-as several volunteers and four of the original staff members, who were there at the beginning of the planning and launching of the organization. Universally, it was conveyed to me how happy they were with what OMNI had achieved and how it has evolved.

A key element of their vision was that OMNI would take a lead in addressing unmet and emerging behavioral health needs in the community. Time and time again we have met that challenge. As one community partner characterized our efforts:

"OMNI provides services to those no one else will, or no one else can."

And that commitment continues today. As the community changes, and individuals and families are facing new challenges, we are broadening the services we offer to also be inclusive of children age 5 years through senior citizens.

If at any point over the past 50 years, you have been a donor, volunteer/BOD member, staff member, community partner, or supporter in any other way, you share ownership of this legacy and the successes that have impacted over 750,000 individuals and family members.



Summary of Services

Counseling

Individual, family and group counseling for people encountering emotional and behavioral difficulties. We believe encouraging individuals through their actions is the best way to make positive change in their lives. Our experiential therapy treatment approach offers hands-on challenges and connects learning experience with the development of skills for life. Services include crisis intervention, and trauma recovery, substance abuse treatment and recovery, LGBTQIA+ support, school-based groups, juvenile justice.



Prevention

Promoting healthy behaviors through a variety of science, evidence-based and collaborative approaches, including education, awareness, and policy initiatives to strengthen and build communities that proactively support health and well-being of all.

Summary of Services



Child Abuse Prevention & Family Preservation

Partnering with referrals from the Illinois
Department of Children and Family Services,
OMNI provides home-based services that
keep children safe while strengthening
families and helping them stay together.
These services include in-home counseling
and case management for abused and
neglected children and their families. The
primary responsibility for all OMNI Family
Preservation staff is the safety and well-being
of children and youth.

Family Resource Program

Providing services that address immediate basic needs, promoting self-sufficiency, and increasing participation in the community for families living in poverty. Primarily serves the communities of Prospect Heights and Wheeling.



50 Years At OMNI

A quick look back an the last 50 years that have allowed us to diversify our program offerings and meet the growing needs of youth and families.

Our Name Evolution Through the Years

OMNI Hotline



1971

A group of volunteers and concerned citizens establish and run a hotline to help people in trouble. This hotline is the start of OMNI's evolution.

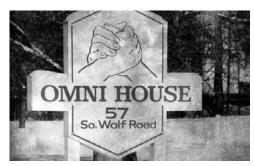
____ OMNI-House ___ Youth Services Bureau



1972-1973

OMNI, originally called OMNI-House Youth Services Bureau, Inc., is established. The organization hires initial staff and begins providing counseling services in addition to a hotline. In its first full year, OMNI serves 697 people with a budget of \$165,000.

____ OMNI-House ___ Youth Services Bureau



1974-1984

OMNI-House expands and achieves many notable accomplishments at its new location, including the implementation of youth mentor programming, outpatient drug treatment and early intervention, juvenile offender programming, a 24-hour crisis intervention system, and services for runaway and homeless youth. OMNI-House also becomes a lead agency in the Northwest Suburban Child Protective Network, which provides intensive in-home counseling to abused and neglected children and their families. This initiative evolves into what is now OMNI's Family Preservation Department.



___OMNI __ Youth Services



1985-1989

OMNI House changes its name and headquarters, becoming a charter services provider of adolescent drug and alcohol treatment in the process.

___OMNI ___ Youth Services



1990-2017

OMNI Administration, Development and Volunteer Services move from the Wheeling office to Buffalo Grove. During its time at this location, OMNI implements many new counseling programs, establishes its resource centers, a leader to providing services to the Spanish speaking community, creates the Prevention services, becomes a part of the Teen Parenting Services Network, expands its Substance Abuse Treatment Program, and develops focused juvenile justice services for youth in trouble with the police, courts and school.

OMNI 2018present

OMNI opens our Wheeling office to provide counseling and family resource services. In 2020, OMNI launches virtual counseling to keep both staff and clients safe while still providing critical services during the COVID-19 pandemic. OMNI relaunches enhanced programming and services for people who identify as LGBTQ+ and support for youth and their caregivers.

In OMNI's 50th year, it impacts over 30,000 people. 10,000 hours of Counseling is provided. **OMNI Prevention grows** to a staff of 23 facilitating nearly 900 workshops and engaging 2,600 volunteers. **OMNI Family Preservation** also expands to prevent child abuse in 200 families. Recognizing the gaps in services, OMNI initiates programming for children and older adults and changes its name to "OMNI" to represent that we now serve all ages.

OMNI's Growth Over the Last 50 Years

THEN

NOW

1971

A group of volunteers and concerned citizens established and ran a hotline to help youth in trouble. This hotline was the start of OMNI's evolution.



2021-2022

Nearly **10,000 hours** of counseling are provided by OMNI's trained counselors.

1972-1973

In its first full year, OMNI served **697 people** with a budget of **\$165,000**.



2021-2022

Over 30,000 people were served with a budget of \$8.6 Million.

1992

The Prevention department started with a grant of \$240,000 and four staff members to provide public health programming to the local community.



2022

The Prevention department has a staff of 23 with awareness campaigns reaching over one million people, facilitating nearly 900 workshops and engaging 2,600 volunteers.

2005

The Family Preservation
Department prevented child
abuse in 40 families with four
case managers.



2022

The Family Preservation
Department prevented child
abuse in 200 families with 20
case managers.



The Need for OMNI

264 million people worldwide live with depression

Depression
is the leading
cause of disability
in the United States
among people
ages 15-44

1 in 3

seniors who need help do not receive treatment because of shame or fear it will be dismissed as part of the aging process.

Anxiety disorders affect

32%f

adolescents

between 13 and 18 years old 28%f

OMNI's local high school youth report feeling sad or hopeless almost every day for two weeks or more.

As a result, they stopped doing usual activities.



Americans aged 12 or older reports experiencing a Substance Use Disorder

Calls to the crisis line doubled in one year.

in mental health-related emergency department

visits.

Over the last three years,

requests for mental health counseling has doubled.

of families receiving **OMNI** counseling services live at or below poverty.

Accomplishments & Impact

Since 1972 over

750,000 served

98% 81% of parents of and 81% of youth counseling clients would recommend OMNI to a friend or relative

97% 88% of youth counseling clients feel they received the services they needed or requested



of CHiL participants that attended an OMNI Therapy Group showed signs of mental health improvement





Most of the data below is gathered through the Illinois Youth Survey, administered every even year to all 8th-12th grade students in OMNI's service area. Some of the changes the work of Prevention has contributed to include:

HIGH SCHOOL YOUTH REPORT:

decrease in driving under the influence of alcohol

decrease in cannabis use

decrease in prescription drug misuse



OMNI's Future

Over the past 50 years, OMNI has specialized in serving adolescents. As we look forward, we recognize the immense needs and devastating gap in accessible services for people of all ages. The time is now for OMNI to grow and launch services for children ages five to ten and older adults.

Your support allows us to launch programs from play therapy for preschoolers to in home counseling for senior citizens. Together we will create positive change today for a better tomorrow for people of ALL ages in our communities.

OMNI's Future

Child Programming

OMNI will hire licensed staff with specific expertise serving children 10 and younger, including kids with behavioral, mental health and developmental issues such as post traumatic stress disorder, depression and anxiety, ADHD, peer and family relationship issues and more.

Evidenced based therapies will be provided including play therapy and cognitive behavioral therapy through individual, family, and group counseling. In addition, OMNI will partner with area grade schools to provide in-school therapeutic services and help at-risk youth start their academic careers off with success. Gender affirming support will be provided and specialized services for kids who identify as LGBTQIA.

WHY

- 1 in 6 U.S. children aged 2–8 years (17.4%) had a diagnosed mental, behavioral, or developmental disorder
- 2 out of 3 kids are exposed to trauma and violence
- 50% of all lifetime cases of mental illness begin by age 14
- Only half of kids who need treatment for a mental or behavioral issue receive that treatment, often due to a shortage in therapists who serve children
- Connecting with kids at a younger age ensures they have an identified resource to turn to if they need support in the future, before issues become critical

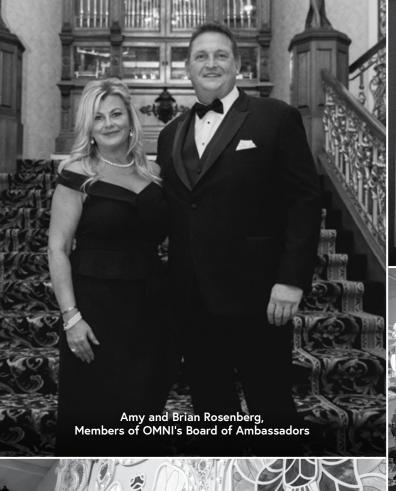
OMNI's Future

Adult & Senior Programming

Services to meet the unique needs of adults and senior citizens will include individual and couple's therapy. Programs in development include virtual therapy for working adults and in-home counseling for seniors to increase access and decrease loneliness, a common issue impacting our elderly.

WHY

- 1 in 4 people live with mental illness
- Mental health disorders affect 20% of older adults
- Nearly 1 in 3 seniors who need help do not receive treatment because of shame or fear it will be dismissed as part of the aging process
- Providing support to adults and seniors ensures OMNI can serve ALL members of our communities











Some of the key leaders who helped establish OMNI over our 50 years. From Left: Jay Meyer (Executive Director), Wendy Meyer (An OMNI Founder, Original Staff Member), Lu Salisbury (Former OMNI Youth Advocate Program Director), Peter Digre (Former Executive Director), Dolores Palikij (Former Executive Secretary), Dennis Depcik (Former Associate Executive Director), Harry Wells (Former Executive Director)



Mike Patterson receives OMNI's highest honor, the Richard E. Wynn Memorial Service to Youth Award



Quatrro BSS



50th Anniversary Gala

OMNI's 50th Anniversary Gala was truly a historic event! Held at the spectacular San Filippo Estate, the event sold out and raised over \$200,000 to support OMNI's expansion efforts to meet critical needs. Many longtime and new friends joined us to celebrate OMNI's impact while looking to our future. Thank you to our sponsors, guests, and donors!



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Scott Schweinfurth & Margie English

Partner Sponsors





Andy & Janice Greenawalt

Supporting Sponsors



Dave & Sue Weidenfeld

Purple Sponsors

Brad & Laurie Dickinson

Doryce & John McCarthy

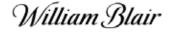












Financials

2021 2022

PUBLIC SUPPORT & REVENUE BY SOURCE

Program Service Revenues		Program Service Revenues	
Government Grants	\$5,588,342	Government Grants	\$5,944,844
Contributions	\$250,433	Contributions	\$350,185
Special Events	\$195,433	Special Events	\$152,223
Counseling Services	\$1,189,179	Counseling Services	\$1,044,609
Social Work	\$1,108,439	Social Work	\$679,460
Rental Income	\$298,445	Rental Income	\$281,133
Investment Income	\$215,277	Investment Income	\$(115,397)
Gain on Sale of Property & Equipment	_	Gain on Sale of Property & Equipment	\$49,000
Miscellaneous	\$80,632	Miscellaneous	\$118,061
Forgiveness of Debt	\$658,688	Forgiveness of Debt	_
Total Program Service Revenue	\$9,584,868	Total Program Service Revenue	\$8,504,118

EXPENDITURES BY PROGRAM AREA

Total Program Services	\$8,418,286	Total Program Services	\$9.024,295
Development	\$174,843	Development	\$ 179,359
Management and General	\$1,837,688	Management and General	\$1,815,620
Collegiate Wellness and Learning	\$898,178	Collegiate Wellness and Learning	\$931,468
Prevention	\$1,170,866	Prevention	\$1,340,118
Community Resource Center	\$64,339	Community Resource Center	\$64,315
Family Preservation	\$2,040,121	Family Preservation	\$2,287,330
Youth and Family Counseling	\$2,232,251	Youth and Family Counseling	\$2,406,085
Program Services		Program Services	





Ways to Get Involved

OPPORTUNITIES TO VOLUNTEER

CHiL – Facilitates successful transitions to high school through volunteer-based tutoring and mentoring

Event Committee - Participate in marketing or planning committee to help publicize and plan OMNI's special events

OPPORTUNITIES TO GIVE

Donations of Cash, Check, Credit Card, Donor Advised Funds, Stock

Board of Ambassadors - Composed of donors who make a contribution of \$1,500 or more annually and act as ambassadors to recruit new members while spreading the word to their peers

OMNI GEM (Give Every Month) – Opportunity to make a monthly recurring donation Golf Outing and Other Events

Holiday Gift Drive – Adopt a kid from a family OMNI and DCFS are working with to overcome challenges like child abuse, domestic violence, sexual abuse, substance abuse, poverty, etc.

Diaper Drive – For Child Abuse Awareness month in April, donate diapers to OMNI's Intact Team to distribute to OMNI clients

Backpack Drive – To help OMNI clients and families living in poverty, donate backpacks to help kids have a strong start to the school year

Leadership Team

Jay Meyer – Executive Director

Doryce McCarthy – President

Roy Eiermann – Clinical Director Counseling Department

Chrissy Trilling-Raices – Chief Development Officer

Anne Gold – Chief Operating Officer Child Welfare Services

Margaret Polovchak – Program Director Prevention Department

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Sheila Sebor, Trustee, Vernon Township
Paul Somers, Regional Sales Manager, CDW
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Board of Ambassadors

Founded in 1993, OMNI's Board of Ambassadors is comprised of dedicated business and professional leaders who share OMNI's commitment to creating positive change in our communities. Membership on the Board of Ambassadors offers opportunities for active involvement in the organization, along with making an annual commitment to contribute a minimum of \$1,500 in support of OMNI's mission.

Anup and Priya Bhojwani Christine Chabot and Gene Maslana Bruce and Lou Church Brad and Laurie Dickinson Robert and Laura Dutzi Christopher Egger Shanan and Katie Egger Jeff and Debbie Elias Mark and Trudy Frank Andy and Janice Greenawalt Chris and Marina Hannon John and Cheryl Hofmann James and Diane Hohmann Sandra Howell Doug and Connie Hugdahl Bill and Linda Johnson

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Mike and Diane Richard

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Affiliates in Counseling	Kloepfer Insurance Services, Inc.	Signature Bank
ALJAR Investments	Kolbi Pipe Marker Co.	Stericycle
Allstate	LightSource Unlimited	Strategiq Financial Group
Balanced Environments	Meltzer, Purtill & Stelle LLC	Technipaq
Barnett Capital Ltd.	Members Mutual Holding Company	Transcendia
BIOLOGOS	Meza Law	Trustmark Voluntary Benefit Solutions
BIOLOGOS BMO Harris Bank	Meza Law Motorola	Trustmark Voluntary Benefit Solutions United States Capital Corporation
		•
BMO Harris Bank	Motorola	United States Capital Corporation
BMO Harris Bank CIBC Private Wealth US	Motorola Old National Bank	United States Capital Corporation Vico Associates

Jonors

\$20,000 & Up

Allstate

Qautrro Business Support Services

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\$5,000-\$9,999

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Edward Zegers Kara Zukoski



Since 1972 OMNI has been a leader in providing life-changing and life-saving counseling, case management and prevention services to youth, adults, and families. Our mission is to provide access to quality behavioral health and educational support services for children and adults that results in pathways to successful and healthy behaviors throughout life. OMNI Means "ALL" in Latin and we stand by accessible and inclusive services for all in the community who need us.

OMNI helps individuals overcome challenges, develop strengths and build skills they can use for a lifetime. Common issues OMNI is battling with our clients include: depression/anxiety, peer issues, family conflicts/divorce, trauma past and ongoing (domestic violence, child abuse and sexual assault), academic problems, criminal activity, substance abuse and much more.

OMNI creates positive change today for a better tomorrow.

OMNI annually serves 30,000+ individuals in over 20 communities across Chicago's northwest suburbs. Services include:

- Individual, Family and Group Counseling
 - 24 hour crisis Intervention
- Substance Abuse Prevention and Treatment
 - Child Abuse Prevention and Intervention
 - Juvenile Justice Services
- Youth Leadership and Healthy Choice Advocacy
 - Family Resource Support