



Image Source: steppingstonesyc.com

# PARENT RESOURCE FILE

For Adolescent  
Sexual Health  
and Teen  
Pregnancy  
Prevention



1111 W. Lake Cook Rd.  
Buffalo Grove, IL 60089  
847-353-1500

**AMITA Health: Women's Health First –  
Obstetrics and Gynecology**

<http://womenfirst.net/>

600 West Lake Cook Road  
Suite 120  
Buffalo Grove, IL 60089  
Phone: (847) 808-8884  
Fax: (847) 808-8890



Hours of Operation:

Monday: 8:00-7:00pm  
Tuesday: 8:00-7:00pm  
Wednesday: 8:00-7:00pm  
Thursday: 8:00-7:00pm  
Friday: 8:00-5:00pm  
Saturday: By Appt.  
Sunday: Closed

Services:

- Parent Education
- Informational Handouts
- Support Groups

Languages:

- English, Spanish

Payment Forms:

- Accepts most insurance
- Self-Pay

Sliding Scale:

- Available

Transportation:

- Not available

## The Bridge Youth and Family Services

<http://www.bridgeyouth.org/>

721 South Quentin Road

Suite 103

Palatine, IL 60067

Phone: (847) 359-7490

Fax: (847) 359-7525

E-mail: [bridge1@bridgeyouth.org](mailto:bridge1@bridgeyouth.org)



### Hours of Operation:

Monday: 11:00-9:00pm

Tuesday: 11:00-9:00pm

Wednesday: 11:00-9:00pm

Thursday: 11:00-9:00pm

Friday: 10:00-2:00pm

Saturday: Closed

Sunday: Closed

### Services:

- Parent Education
- Family Counseling
- Individual Therapy
- Support Services

### Languages:

- English, Spanish

### Payment Forms:

- Accept Blue Cross/Blue Shield

### Sliding Scale:

- No

### Transportation:

- Not available

## CareNet Dupage: Pregnant Help

<http://www.pregnanthelp.com/>

132 E. Irving Park Road

Wood Dale, IL 60191

Phone: (630) 686- 1850

Text: pregnanthelp to 313131

Fax:

E-mail: [questions@carenetdupage.com](mailto:questions@carenetdupage.com)



### Hours of Operation:

Monday: 9:00-5:00pm

Tuesday: 9:00-5:00pm

Wednesday: 9:00-5:00pm

Thursday: 10:00-6:00pm

Friday: 9:00-5:00pm

Saturday: 8:00-12:00pm (Glen Ellyn Location)

Sunday: Closed

### Services:

- Peer counseling
- Parent handbooks/information
- Live online chat

### Languages:

- English, Spanish
- Additional translation needed if necessary

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Not readily available

## **Caris Counseling and Resources at the Willow Creek Care Center**



<http://www.caris.org>

67 E. Algonquin Road

South Barrington, IL 60010

Special Directions: Enter through Entrance G

Phone: (224) 512-1760

Fax: (312) 229-5713

E-mail: [info@caris.org](mailto:info@caris.org)

### Hours of Operation:

Monday: 9:00-5:00pm

Tuesday: 9:00-5:00pm

Wednesday: 9:00-5:00pm

Thursday: 9:00-5:00pm

Friday: Closed

Saturday: Closed

Sunday: Closed

### Services:

- Connection Groups
- Individual Counseling
- Access to community resources

### Languages:

- English

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Not available

## Center for Contextual Change

<http://www.centerforcontextualchange.org/>

9239 Gross Point Road

Skokie, IL 60077

Phone: (847) 676-4447

Fax: (847) 676-4450



### Hours of Operation:

Monday: 9:00-4:00pm

Tuesday: 9:00-4:00pm

Wednesday: 9:00-4:00pm

Thursday: 9:00-4:00pm

Friday: 9:00-4:00pm

Saturday: Closed

Sunday: Closed

\*Hours are flexible to meet needs of clients

### Services:

- Traditional outpatient therapy
- Individual counseling
- Dialectical behavior therapy
- Parent support groups
- Family counseling

### Languages:

- English, Spanish

### Payment Forms:

- Accept Blue Cross/Blue Shield PPO
- Self-Pay
- Medicare

### Sliding Scale:

- Available

### Transportation:

- Not available

## The Children's Advocacy Center of North and Northwest Cook County

<http://www.cachelps.org/>

640 Illinois Blvd.

Hoffman Estates, IL 60169

Phone: (847) 885-0100

Fax: (847) 885-0187

E-mail: [info@cachelps.org](mailto:info@cachelps.org)



### Hours of Operation:

Monday: 8:00-6:00pm

Tuesday: 8:00-6:00pm

Wednesday: 8:00-6:00pm

Thursday: 8:00-6:00pm

Friday: 8:00-5:00pm

Saturday: Closed

Sunday: Closed

\*Evenings and Saturdays by appointment

### Services

- 24-hour availability for referral and investigate response
- Coordination between family and mandated investigators
- Links to counseling and community services
- Court preparation and advocacy
- Crisis intervention
- Short-term and long-term counseling
- Parent support groups
- Community education

### Languages:

- English, Spanish

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Very limited services

**CRC: Community Resource Center**  
**POC: Partners for Our Communities (Formally known as Palatine Opportunity Center)**

<http://www.poc.news/>

1585 North Rand Road

Palatine, IL 60074

Phone: (847) 776-9500

Fax: (847) 776-9595

E-mail: [partnersforourcommunities@gmail.com](mailto:partnersforourcommunities@gmail.com)



Hours of Operation:

Monday: 8:00-7:00pm

Tuesday: 8:00-7:00pm

Wednesday: 8:00-7:00pm

Thursday: 8:00-7:00pm

Friday: 8:00-7:00pm

Saturday: 8:00-7:00pm

Sunday: Closed

Services:

- Community health program for Latinos
- Women leadership classes
- Behavioral health navigator
- Chronic disease management
- Infant and child health and wellness services
- General health education services
- Stress management services
- Parenting education
- WINGS
- Home-based services
- ESL and GED services
- Police/Social Worker services

Languages:

- English, Spanish, Russian

Payment Forms:

- Free

Sliding Scale:

- Free

Transportation:

- Not available



**Firman Community Service, Inc.**  
**Rolling Meadows Maternal Child Health Program**

<http://www.firmancs.org/>

1855 Rohlwing Road

Suite A

Rolling Meadows, IL 60008

Phone: (847) 222-1200

Fax: (847) 342-0347



Hours of Operation:

Monday: 8:00-5:00pm

Tuesday: 8:00-5:00pm

Wednesday: 8:00-5:00pm

Thursday: 8:00-5:00pm

Friday: 8:00-5:00pm

Saturday: Closed

Sunday: Closed

Services:

- Referrals and resources
- Parenting classes

Languages:

- 12 languages spoken including English, Spanish, and Polish
- Sign Language not offered

Payment Forms:

- Free

Sliding Scale:

- Free

Transportation:

- Bus cards and gas cards are available to clients wishing to utilize services

## **Jewish Child and Family Services**

<http://www.jcfs.org/>

135 North Arlington Heights Road

Buffalo Grove, IL 60089

Special Directions: 1<sup>st</sup> building, Suite 104

Phone: (847) 392-8820

Fax: (847) 215-1567

E-mail: [ask@jcfs.org](mailto:ask@jcfs.org)



### Hours of Operation:

Monday: 9:00-8:00pm

Tuesday: 9:00-9:00pm

Wednesday: 9:00-9:00pm

Thursday: 9:00-6:00pm

Friday: 9:00-4:30pm

Saturday: Closed

Sunday: Closed

### Services:

- Counseling and support
- Community programs
- Education and support groups
- Long-term therapy
- Financial assistance
- Financial case management

### Languages:

- English, Spanish

### Payment Forms:

- Most insurance plans
- Medicaid
- Self-Pay

### Sliding Scale:

- Available

### Transportation:

- Not available

## Kindred Life Ministries

<http://www.kindredlifeministries.org/>

Our Saviour Evangelical Free Church

300 North Schoebenck Road

Wheeling, IL 60090

Phone: (224) 280-8286

E-mail: [katie@kindredlifeministries.org](mailto:katie@kindredlifeministries.org)

### Hours of Operation:

Monday: 9:00-12:00pm

Tuesday: 9:00-12:00pm

Wednesday: 9:00-12:00pm and 4:00-9:00pm

Thursday: 9:00-12:00pm

Friday: 9:00-12:00pm

Saturday: Closed

Sunday: Closed

\*Hours are flexible

### Services:

- Counseling
- Life education groups
- Community resource referrals
- Mentoring
- Educational newsletter
- Once a month parent services
- Grandparent counseling

### Languages:

- English, Spanish translations

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Available upon case by case basis



## Northwest Center Against Sexual Assault (Northwest CASA)

<http://nwcasa.org/>

415 West Golf Road

Suite 47

Arlington Heights, IL 60005

Phone: (847) 806-6526

Fax: (847) 806-6531

E-mail: [office@nwcasa.org](mailto:office@nwcasa.org)

### Hours of Operation:

Monday: 9:00-5:00pm

Tuesday: 9:00-5:00pm

Wednesday: 9:00-5:00pm

Thursday: 9:00-5:00pm

Friday: 9:00-5:00pm

Saturday: Closed

Sunday: Closed

\*Evening's by appointment

### Services:

- Counseling services
- Prevention and community education programs
- Referrals and resources
- Victim assistance – If qualified

### Languages:

- English, Spanish

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Offer cab assistance for counseling clients



## OMNI Youth Services

<http://omniyouth.org/>

1111 W. Lake Cook Rd.

Buffalo Grove, IL 60089

Special Directions: Last building in the back, on the 5<sup>th</sup> floor

Phone: (847) 353-1500

Fax: (847) 465-1964



### Hours of Operation:

Monday: 9:00-9:00pm

Tuesday: 9:00-9:00pm

Wednesday: 9:00-9:00pm

Thursday: 9:00-9:00pm

Friday: 9:00-4:00pm, Evening by appointment

Saturday: By appointment

Sunday: Closed

### Services:

- Family, group and individual counseling
- Substance abuse intervention, out-patient treatment and recovery services
- 24-hour crisis intervention
- Journey-skills for life, an outdoor experiential program
- Family strengthening
- Prevention education services – substance abuse, bullying, behavior and stress management, adolescent transitions and youth skill development
- Comprehensive juvenile justice services
- Multicultural community outreach services

### Languages:

- English, Spanish

### Distance:

- From Wheeling High School 4 miles
- From Vanguard 8.4 miles

### Payment Forms:

- Medicaid
- Most private insurances
- Self-pay

### Sliding Scale:

- Available based on income and need

### Minors:

- Can access services without parent permission

### Transportation:

- Available

## **PHD – Society for the Preservation of Human Dignity**

<http://www.sphd.org/>

1610 Colonial Parkway

Inverness, IL 60067

Phone: (847) 359-4967

Fax: (847) 359-4991

E-mail: [info@sphd.org](mailto:info@sphd.org)



PHD—Preservation  
of Human Dignity

### Hours of Operation:

Monday: 9:00-7:00pm

Tuesday: 9:00-7:00pm

Wednesday: 9:00-7:00pm

Thursday: 9:00-7:00pm

Friday: Closed

Saturday: Closed

Sunday: Closed

### Services:

- Educational outreach program
- Professional counseling
- Support groups and education

### Languages:

- English, Spanish

### Payment Forms:

- Cash, Check, or Credit/Debit Cards
- Insurance not accepted

### Sliding Scale:

- Available

### Transportation:

- Not available

## Response Teen Clinic

<http://www.responsecenter.org/teen-clinic/>

9304 North Skokie Boulevard

Skokie, IL 60077

Phone: (847) 676-0078

Fax: (847) 676-0574

E-mail: [clinic@jcfs.org](mailto:clinic@jcfs.org)



### Hours of Operation:

#### *Office Hours:*

Monday: 10:00-9:00pm

Tuesday: 10:00-6:00pm

Wednesday: 10:00-9:00pm

Thursday: 10:00-5:00pm

Friday: 9:00-3:00pm

Saturday: Closed

Sunday: Closed

#### *Clinic Hours:*

Monday: 3:30-8:00pm

Thursday: 10:30-4:00pm

### Services:

- Parent Family Connections – LGBTQ
- General support groups
- In-home consultations for sexual health

### Languages:

- English

### Payment Forms:

- Cash, check, or charge

### Sliding Scale:

- Available

### Transportation:

- Cab service is possible

## St. Mary's Services

<http://www.stmaryservices.com/>

300 East Northwest Highway  
Suite 200

Arlington Heights, IL 60004

Phone: (847) 870-8181

Hotline: (847) 870-8181

Fax: (847) 870-8325



### Hours of Operation:

Monday: 8:30-4:30pm

Tuesday: 8:30-4:30pm

Wednesday: 8:30-4:30pm

Thursday: 8:30-4:30pm

Friday: 8:30-4:30pm

Saturday: Closed

Sunday: Closed

### Services:

- Parenting groups
- Community outreach
- Counseling Services

### Languages:

- English, Spanish

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Yes, staff will travel based on clients' needs



## Teen Decision

<http://www.teendecision.org/>

P.O. Box 452

Winfield, IL 60190

Phone: (630) 687-1986

E-mail: [info@teendecision.org](mailto:info@teendecision.org)



### Hours of Operation:

Vary upon meeting dates and times

### Services

- Community education
- Parent presentations and materials
- Resources
- Information related to healthy relationships
- Blog

### Languages:

- English

### Payment Forms:

- Free

### Sliding Scale:

- Free

### Transportation:

- Not available

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